

## GEIRANGER, NORWAY

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### Geiranger Panorama

ACTIVITY LEVEL: EASY

This tour will show you Geiranger and the spectacular **Geirangerfjord** from the most famous viewpoints in the area. You will board your motor coach departing from the pier. From the landing stage in Geiranger the drive goes uphill via the **Ørnesvingen** (Eagle's Road) to a viewpoint, where you will see a **breathtaking view** of the fjord and your ship. After a photo stop, you will return to Geiranger and continue through the wild **Flydal Valley** along numerous hairpin bends to **Lake Djupvatn**. Afterwards you will continue along the fascinating road to the summit of **Mount Dalsnibba** (5,000 ft. elev.). From here you will be able to see far beyond the Geirangerfjord on a clear day. On the way back to Geiranger and to your waiting yacht, there will be a photo stop at **Flydalsjuvet** viewpoint.

Please note: There are steps to access the motor coach, no wheelchair elevator and wheelchairs must be collapsible. The ride along Eagle's Road contains several hairpin turns.

PRICE\$175

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### Geiranger: Geirangerfjord Rib Adventure

ACTIVITY LEVEL: MODERATE

Experience the magnificent **Geirangerfjord** in a safe and comfortable open **RIB** (rigid inflatable boat). You will be met at your yacht to walk to the RIB launch. You will receive an introduction to the RIB and how to use the waterproof safety suits. In high speed with sea spray in your face you will enjoy a trip through the Geirangerfjord accompanied by your expert guide. You will make photo stops at the famous waterfalls **Seven Sisters, the Suitor and the Bridal Veil**, and get very close to the falls. You will view the abandoned farms along the Geirangerfjord such as Skageflå, Knivsflå, Blomberg, and Matvik, all of which reveal the life along the fjord many years back.

Please note: This tour is not recommended for children under 14 and written consent must be provided by parent/guardian to participate. For safety reasons, this adventure is not recommended for people with limited mobility.

PRICE\$145

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Geiranger: Nordic Walking

ACTIVITY LEVEL: STRENUOUS

Nordic walking began as a summer training exercise for serious "cross-country" skiers. Fitness walkers in Europe adopted Nordic walking as a time-efficient, low-stress, total body workout and popularity is growing worldwide. Today, you will be invited on this invigorating and exciting walking excursion through the beautiful setting of Geiranger. You will meet the expert guide at the pier where a **briefing on Nordic walking** will take place, along with specially designed poles to work the upper body while you walk. Like cross-country skiing, the poles are used by the arms to match each step you take. Beginning the walk, proceed at a **casual walking speed**, but experience a full body workout as the walking poles raise the heart rate and exercise the arms. You will **tour the hills and admire the mountain sides of Geiranger**. Proceed uphill and over uneven terrain; however, the strenuous walk allows for wonderful views of the countryside. During the walk, stop at the village of **Westerås**, to **enjoy a break**, before continuing to **Hole**. After a brief stop, you will begin the Nordic walk back to the pier.

Please note: Guests must be in good physical condition to participate on this excursion. Uphill walking, uneven, gravel and paved terrain will be encountered.

PRICE \$85

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Geiranger: The Golden Circle

ACTIVITY LEVEL: MODERATE

This tour offers a breathtaking scenic view of Norwegian mountains, fjords, and glaciers. You will leave the village of Geiranger behind as your motor coach climbs up the **Flydal Valley** to the high mountain plateau at **Djupvatn Lake**, and then continue via Grotli to **Tystigen Glacier** over the **Old Strynefjell Mountain Road**. The Old Strynefjell Mountain Road is a narrow road that twists and turns through the **Strynefjell Pass**. It is a bit of Norwegian road-building history, and was the only road for vehicular traffic between Skjåk and Stryn for most of the previous century. It is not only the manual labor and the story of its construction that makes the Old Strynefjell Mountain Road a scenic road. Along its length of 17 miles, the road demonstrates the tension between the topography of east and west, the ancient, rounded forms in the east, and the sudden drop and the more recent alpine forms in the west. Tystigen Glacier is popular for summer skiing and the northernmost branch of the **Jostedalbreen Glacier**. You will continue to **Videseter** and the **Videdalen Valley** where a **3-course lunch** will be served at one of the mountain hotels in the area. Through the tunnel of the main road you will again climb up to

Lake Djupvatn and further climb to the top of **Mount Dalsnibba**, 5,000 feet above sea level where the views over Geiranger, the fjord, and the mountains are fantastic.

Please note: There are steps to access the motor coach, no wheelchair elevator and wheelchairs must be collapsible. The roads you will be traveling on will be winding mountain roads.

PRICE\$289

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Geiranger: The Mountain Farm Herdalssetra

ACTIVITY LEVEL: MODERATE

On this tour you will get the chance to visit **one of the few still operative summer mountain farms in Norway**. You will start the tour by boarding a motor coach at the pier and driving the famous **Ørnesvingen** (Eagle's Road) to a breathtaking viewpoint of the fjord and your ship. After a photo stop, you will continue over the mountain landscape to the fjord on the other side of the mountain, to the village of **Eidsdal**. From here you will drive up a small narrow road toward the unique farm **Herdalssetra**. With its 450 goats and 30 farm houses, this is probably the largest farm co-operative for goats in Norway. You will get a **guided tour** of the mountain summer farm with introductions to old and modern summer farming methods. You will have a chance to see inside some of the old houses and will be shown **traditional cheese making** which is still undertaken here as a working museum. Also the special **Herdal's goat caramel** is made here and you will be able to try a **sample** as well as the white and brown cheeses. You will return by the same road back to Geiranger.

Please note: There are steps to access the motor coach, no wheelchair elevator and wheelchairs must be collapsible. The ride along Eagle's Road contains several hairpin turns. Cheese and caramel are available for purchase – cash only.

PRICE\$219