



## A Variety of Choices

We know the destinations you'll be visiting. Our team works with reputable, local tour operators to offer you a variety of excursions to choose from.

## Flexibility & Peace of Mind

We offer:

- Dedicated pre-cruise and onboard specialists to assist you.
- Convenient one-stop shopping for all ports.
- Flexibility to modify or cancel day tours up to 48 hours prior to arrival into port.
- If your tour is delayed, we'll hold the ship for you.
- Fully insured local tour operators.

## Book Early

Our most popular tours sell out quickly so book early. Once your cruise is reserved and deposited, you can start booking your excursions. Excursions may be booked online, up to two days prior to sailing date, subject to remaining availability.

## It's Easy

Visit [www.ncl.com](http://www.ncl.com) and log in to My NCL or complete the registration to create an account. For assistance, call 1.866.625.1167 in USA & Canada. European guests should visit [www.ncl.eu](http://www.ncl.eu) and for assistance call +49 0611 3607 0 or 0845 201 8900 in the UK .

## Key to Activity Levels and Tour Feature Icons

Please refer to the back pages for the key and other important information

## Tour Descriptions for Tromso, Norway




### TROMSO CITY TOUR & CABLE CAR TO MOUNT STORSTEINEN

Tromso, Norway Tour Code: TOS\_01

Your tour starts with a drive through the city of Tromso to the Tromso Museum. This is the largest museum and research institute in northern Norway, with sections devoted to geology, botany, zoology, archaeology, modern cultural history and Sami ethnography.

Cross the Tromso Bridge and discover the modern architecture of the breathtaking Arctic Cathedral - a mighty structure dominated by a beautiful stained glass window depicting the Resurrection of Christ. You'll also take a ride on the cable car up 1,378 feet/420 meters to Mount Storsteinen from where you'll have a beautiful view of the Tromso, the sea and the mountains.

Note: This tour includes walking on asphalt and gravel, with a slight uphill walk to the Arctic Cathedral and numerous steps at the cable car. Not suitable for guests with walking difficulties.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
 2	\$135*	\$83*	3½ hours	 German  Spanish

### TROMSO HIGHLIGHTS & NORTHERN LIGHTS

Tromso, Norway Tour Code: TOS\_02

Your tour begins with a short drive past Lake Prestvatn, the Meteorological Institute and a visit to the renowned Northern Lights Observatory. You'll watch a 20-minute film in the planetarium and see the wonders of the Northern lights, as experienced by those who live around the Arctic Circle. Seven months of winter sky-watching, hundreds of thousands of photographs and hundreds of hours have been condensed into the world's first three hundred and sixty degree, high resolution movie of the Aurora Borealis or Northern Lights.

Cross the Tromso Bridge and discover the modern architecture of the breathtaking Arctic Cathedral - a mighty structure dominated by a beautiful stained glass window depicting the Resurrection of Christ. Take a panoramic drive across the Tromso Bridge and see the city of Tromso before you tour ends at the pier.

Note: Tour involves approximately .08 mile/137 meters of walking on asphalt, mostly flat, with an incline to the cathedral and 3 steps to enter.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
 2	\$104*	\$62*	3 hours	

## TROMSO – GATEWAY TO THE ARCTIC

Tromso, Norway Tour Code: TOS\_03

Tromso – the capital of north Norway – is one of the largest cities in the country, as far as area is concerned, covering some 927 square miles/2,400 square kilometers, including 627 islands. Tromso has been the starting point for many arctic expeditions and is also known by the name - Gateway to the Arctic. The city escaped undamaged by World War II and is one of the few towns in north Norway that has been able to preserve its charming old buildings.

Your tour starts with a drive through the city of Tromso to the world's most northerly aquarium - Polaria. The center opened in 1998 and focuses on the polar areas. The building itself stands out from the surrounding architecture, as it is built to resemble blocks of ice sliding out into the ocean. You may try a polar walk, take a look at the various aquariums and see pools showing sea life in the polar areas. Live seals can be admired in one of the large aquariums. There is also a 170-seat cinema showing a beautiful 20-minute film called Svalbard – Arctic Wilderness. Before returning to your ship, you'll also visit the Arctic Cathedral on the mainland.

Note: Amount of walking is optional - there is a slight incline to enter the church. This tour is not recommended for guests with walking difficulties.

<b>ACTIVITY LEVEL</b>	<b>1</b>	<b>Adults from</b>	<b>Children from</b>	<b>Approximate Duration</b>	<b>Tour Features</b>
		\$104*	\$59*	3 hours	—

## SCENIC RIB ADVENTURE

Tromso, Norway Tour Code: TOS\_07

A tour by rigid inflatable boat RIB is a great way to enjoy the scenery in the sheltered waters near Tromso. View the sights, look for wildlife and listen to stories as you proceed towards Ryoya Island. With a little bit of luck you might spot soaring eagles or porpoises in the water. On Ryoya Island, there is a small herd of musk oxen that roam freely.

No landing is permitted for safety reasons, but the impressive animals can often be seen from the boat. Continue to Hakoya Island and hear the story of the Tirpitz, one of Germany's largest World War II battleships that sank close to the shoreline.

Note: Participants must be able to board the RIB which involves a large step. Guests with back problems or pregnant women are not allowed as the boat ride can be rough. You must wear comfortable flat shoes, high heels are not permitted.

<b>ACTIVITY LEVEL</b>	<b>3</b>	<b>Adults from</b>	<b>Children from</b>	<b>Approximate Duration</b>	<b>Tour Features</b>
		\$209*	\$209*	3 hours	—

## OCEAN KAYAKING

Tromso, Norway Tour Code: TOS\_06

Experience the ocean in an intense and exciting way. Paddle a kayak along the beautiful coastline of northern Norway, with the rugged mountains as a scenic background. This is a wonderful opportunity to get close to nature and keep an eye out for wildlife, including birds and fish. The weather will decide where you paddle, but it will be near Kvaloya Island, very close to Tromso. No previous kayaking experience is required to participate in this tour. Your guide will give you basic instructions and help you get started.

Note: Participants must be at least 12 years of age, know how to swim, be in excellent physical condition and fairly strong to keep pace with the group. You must be able to walk for approximately 0.08 miles/137 meters on uneven grass and stone surfaces which may be slippery. Wear comfortable clothing and shoes. Bring a change of clothes and a towel in case you get wet. You'll be provided with a safety vest and instructions.

<b>ACTIVITY LEVEL</b>	<b>2</b>	<b>Adults from</b>	<b>Children from</b>	<b>Approximate Duration</b>	<b>Tour Features</b>
		\$293*	\$293*	4 hours	<b>AGE</b>

## SOMMAROY FISHING VILLAGE

Tromso, Norway Tour Code: TOS\_05

See the highlights of Tromso as you head out to your destination – Sommaroy Island – along a scenic winding road. Cross the Sandnessund Bridge that connects the city of Tromso with Kvaloya Island. En route, you'll pass by several cultural monuments that bear witness to a rich history, as well as several old farms. You can follow the jagged mountain peaks on the northern side of Senja Island, as they rise straight up from the ocean. Then you'll arrive idyllic Sommaroy Island – Tromso's largest fishing village with a population of about 300.

Enjoy a guided tour of this vibrant coastal community, where fishing and hunting has been the livelihood since time immemorial. The views are stunning - large Senja Island in the south, the coastal landscapes in the north and the endless ocean in the west. During your visit you'll learn about life on the island, and you'll be served a typical Norwegian treat of tasty waffles at a local restaurant. Your return drive to Tromso, will take you along the narrow Kattfjord offering views of the highest peak on Kvaloya Island.

Note: Walking on this tour is on level ground for approximately 0.06 of a mile/110 meters with one step to enter the restaurant. At Sommaroy, optional walking is at your discretion.

<b>ACTIVITY LEVEL</b>	<b>1</b>	<b>Adults from</b>	<b>Children from</b>	<b>Approximate Duration</b>	<b>Tour Features</b>
		\$104*	\$62*	4 hours	

## Activity Levels

- ACTIVITY LEVEL 1** Involves walking over relatively level terrain, possibly some cobblestone, gravel or a few steps. Comfortable shoes are recommended.
- ACTIVITY LEVEL 2** Involves a considerable amount of physical activity such as substantial walking over cobblestone streets, climbing stairs or steep terrain. They're not recommended for guests with walking difficulties. Comfortable, sturdy shoes are recommended.
- ACTIVITY LEVEL 3** Involves physical exertion for extended periods. The terrain may be uneven or steep. It can also indicate a need for swimming in a light current, biking or horseback riding. Recommended only for physically fit and adventurous travelers.

## Tour Features Icon Legend



**Age Requirement** - This tour has specific age requirements.



**C-Card** - Must present a nationally recognized Scuba certification card, logged a dive within the past 12 months and bring a physician's note if you have a medical condition or are taking medication at the time of cruising.



**Debark** - Tour will conclude at the airport, a Norwegian Cruise Line program hotel or an assigned central location for your convenience. Guests are responsible for ensuring their debarkation tour is compatible with their departure flight times. Please allow extra time in case of unforeseen delays, and note that the tour will still run in it's entirety. Refer to the details section of the selected tour for more information.



**Family Recommended** - This tour is great for families.



**Flightseeing Tours** - Due to aircraft weight and balance limitations, the flight company charges an additional rate for passengers that weigh 250 lbs. or more. Space is capacity controlled, please call 1.866.625.1167 for assistance.



**Guests with Disabilities** - This tour accommodates guests that are full-time wheelchair users. Guests can remain in their wheelchair for the duration of the Excursion. Please contact the Shore Excursion staff upon boarding to ensure that your needs can be accommodated.



**Height Requirement** - This tour has specific height requirements.



**Hiking** - Sturdy walking shoes required.



**Limited Mobility** - This tour requires guests to transfer from their wheelchair to board the motorcoach (wheelchairs must be collapsible). Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this.



**Meal** - A meal and beverage is provided on this tour.



**Outerwear** - Outerwear/speciality equipment as noted will be provided by the Tour Operator.



**Passport** - This excursion crosses an international border so you'll need a valid passport. Some guests from certain countries may also need a visitor's visa.



**Shopping** - Time permitting, shopping is available on this tour.



**Snack** - A light snack or refreshment is served on this tour.



**Ultimate Tour** - With Norwegian's Ultimate Touring, experience custom adventures like yacht charters, VIP tours and small group touring.



**Weight Requirement** - This tour has specific weight requirements.

## Book Early

Our most popular tours sell out quickly so book early. Once your cruise is reserved and deposited, you can start booking your excursions. Excursions may be booked online, up to two days prior to sailing date, subject to remaining availability.

## It's Easy

Visit [www.ncl.com](http://www.ncl.com) and log in to My NCL or complete the registration to create an account. For assistance, call **1.866.625.1167** in USA & Canada. European guests should visit [www.ncl.eu](http://www.ncl.eu) and for assistance call **+49 0611 3607 0** or **0845 201 8900** in the UK .

## Please Note

The information in this document was current at the time of printing. Tour descriptions and prices vary by ship and sailing date and are subject to change without notice. Visit [www.ncl.com](http://www.ncl.com) and log in to My NCL for the applicable information specific to your cruise.

**Norwegian Cruise Line makes arrangements for Guests for shore excursions solely for the convenience of the Guest; Norwegian does not act on behalf of or supervise the parties or persons who own, furnish,**

**or operate such excursions, and the same are provided by independent contractors. Norwegian assumes no responsibility for, nor guarantees the performance of, any such excursion provider, and Guests acknowledge that Norwegian shall not be liable for losses or injuries arising from the acts or omissions of such provider.**

COPYRIGHT© 2015 NCL CORPORATION LTD. SHIPS' REGISTRY: BAHAMAS AND UNITED STATES OF AMERICA.

Printed on Tuesday December 29, 2015 at 10:42 AM