



A Variety of Choices

We know the destinations you'll be visiting. Our team works with reputable, local tour operators to offer you a variety of excursions to choose from.

Flexibility & Peace of Mind

We offer:

- Dedicated pre-cruise and onboard specialists to assist you.
- Convenient one-stop shopping for all ports.
- Flexibility to modify or cancel day tours up to 48 hours prior to arrival into port.
- If your tour is delayed, we'll hold the ship for you.
- Fully insured local tour operators.

Book Early

Our most popular tours sell out quickly so book early. Once your cruise is reserved and deposited, you can start booking your excursions. Excursions may be booked online, up to two days prior to sailing date, subject to remaining availability.

It's Easy

Visit www.ncl.com and log in to My NCL or complete the registration to create an account. For assistance, call 1.866.625.1167 in USA & Canada. European guests should visit www.ncl.eu and for assistance call +49 0611 3607 0 or 0845 201 8900 in the UK .

Key to Activity Levels and Tour Feature Icons

Please refer to the back pages for the key and other important information

Tour Descriptions for Flam, Norway

FULL DAY TOUR BY TRAIN & COACH

Flam, Norway Tour Code: FLM_04

Here's your opportunity to experience the stunning natural beauty of this area. Starting from the pier in Flam, your coach takes you through the long tunnels to Gudvangen, then start your climb up to Stalheim Canyon and stop briefly at Tvinde Waterfall, to admire the two waterfalls and take some photos. Enjoy a delicious Norwegian buffet lunch in the picturesque village of Voss – offering outdoor adventures year round. After lunch, you'll board your train.

The first part of the train ride is on the Bergen Line to Myrdal, then you descend on the world famous Flam Line, its only 12.5 miles/20 km long, but is a masterpiece of engineering and offers one of the most dramatic train rides in Europe. The valley is very narrow and steep, located between towering mountains covered by snow and ice. The train makes a stop at the impressive Kjos Waterfall where you'll have time to take photos. The train will take you down to the Flam Railway station, located near your ship's pier.

Note: This tour involves a short uphill walk on asphalt and gravel to the railway station from the hotel. Participants must manage high steps to board the train and gaps between train and platform. No lifts, only ramps are available. Tour may operate in reverse order. Duration time may vary from 6 to 7 hours depending on the train schedule. This tour is not offered on Norwegian Star's June 12, 2015 sailing.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
2	\$293*	\$149*	6½ hours	

FLAM RAILWAY

Flam, Norway Tour Code: FLM_01

Flam is located in the innermost part of the 127 mile/204 km Sognefjord, one of Norway's longest fjords. You'll board the Flam Railway – a masterpiece of engineering – and climb from sea level to 2,800 feet/853 meters, crossing rivers and traveling through 20 tunnels. At the impressive Kjos Waterfall, you can step off the train to take some pictures.

You'll disembark the train and take a short walk to visit the Vatnahalsen Mountain Hotel. Here, enjoy coffee or tea and homemade Norwegian waffles with sour cream and jam that have been prepared for you. Then relax and walk around in the beautiful natural surroundings before boarding the train for the return ride to Flam.

Note: Tour involves walking for approximately 300 feet/91 meters on steep, gravel terrain from the train station to the hotel. There are 5 steps at the hotel entrance and a steep, gravel path from the station to the hotel. The time at the Vatnahalsen Hotel is determined by the train schedule and will vary. The railway stations are open air and have no facilities. The Flam train is not exclusive to Norwegian Cruise Line guests. Wear warm clothing and

sturdy shoes, early in the season there may be snow. This tour is not offered on Norwegian Star's June 12, 2015 sailing.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
1	\$177*	\$104*	3½ hours	

FJORD VILLAGE & OSTERBO MOUNTAIN

Flam, Norway Tour Code: FLM_02

Flam is located on one of the innermost arms of the Sognefjord, Norway's longest fjord at over 127 miles/204 km in length. Your tour starts by coach with a scenic drive through the Aurland Valley, famous for its scenic mountains, beautiful nature, culture and history. Climbing a twisty road, partly through tunnels, you'll glimpse the valley below before approaching a mountain pass, which until recently was only open during summer.

Soon you'll reach the mountain chalets that were built in the courtyards of two old farms. At the Osterbo Mountain Lodge, 893 yards/817 meters above sea level, you'll be served a typical Norwegian treat of waffles with coffee or tea. While enjoying your treat in the charming and authentic mountain lodge, you'll have a lovely view over the wild landscape. Before returning to your ship, you'll have a short stop in the village of Aurland, famous for its shoe production and beautiful church.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
1	\$104*	\$51*	3 hours	

STALHEIM CANYON & TVINDE WATERFALLS

Flam, Norway Tour Code: FLM_03




Drive through the tunnels connecting Flam with the village of Gudvangen, where there is a short stop before continuing through the narrow and impressive Naeroydalen Valley with its many waterfalls. At the end of the valley, the drive continues up the steep canyon road to the Stalheim Hotel, a traditional hotel with an interesting history.

The present hotel is a reconstruction of the original, with Scandinavian furniture and antiques. There is also a souvenir shop. Tea, coffee and a pecan Danish pastry will be served for your enjoyment. You'll have time for a stroll in the garden or an outside visit to the privately owned museum.

Pass the villages of Oppheim and Vinje on your way to Tvinde Waterfall. Here, you'll have some time to take pictures and go for a stroll towards the waterfall. Continuing towards Gudvangen, you'll pass the Stalheim Waterfall and the Sivle Waterfall.

Note: Minimal walking for approximately 220 yards/201 meters on both even and uneven surfaces, gravel and

grass. There are about 5 steps to enter the Stalheim Hotel. The road was built in the 1840's, it is very steep and there are 13 hairpin turns.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
1	\$135*	\$72*	3½ hours	  

RIB ADVENTURE

Flam, Norway Tour Code: FLM_05

Before you board your rigid inflatable boat (RIB) you'll be given a safety briefing and asked to wear a water and windproof buoyancy suit. This thrilling 1 1/2 hour ride takes you out through Aurlandsfjord and onwards to Mount Beitelen, where the fjord divides offering you a beautiful view out to the dramatic Naeroyfjord.

As the boat speeds through the water and your driver makes some spectacular maneuvers, enjoy the sense of freedom and exhilaration, as you travel down the fjord while looking out for wildlife. Your driver will also offer an explanation of the interesting natural and cultural history of the area.

Note: Participants must be at least 12 years of age, in good health and must know how to swim. Walking is minimal, approximately 220 yards/201 meters from the pier to the RIB's staging area on asphalt and uneven gravel path. The RIB boat is not wheelchair accessible. This tour is not recommended for guests with back or neck injuries or pregnant women. Wear flat or rubber sole shoes, expect to get wet. Lifejackets and goggles will be provided.

ACTIVITY LEVEL	Adults from	Children from	Approximate Duration	Tour Features
3	\$188*	\$188*	1½ hours	AGE

KAYAKING ON THE AURLANDS FJORD

Flam, Norway Tour Code: FLM_06

Kayaking is a very popular way to experience the beauty, nature, scenery and tranquility of Aurlandsfjord and Flam. As you paddle along the fjord you'll see mountain farms clinging to the hillside and animals such as goats and sheep that graze alarmingly close to the edge of the fjord. This is the perfect excursion for both experienced and first-time kayakers.

Note: Participants must be at least 7 years of age and children must share kayak with parent. Maximum weight is 265 lbs/120 kg and maximum height is 75 inches/190.5 cm. Participants must be in good physical condition, be able to walk to and from the kayaks on a gravel path for approximately 20 minutes each way and know how to swim. This tour is not recommended for guests with back or neck injuries or pregnant women. Wear comfortable clothing. Life jackets are provided. Tour is offered on Norwegian Star June 5, 2015 sailing only.

ACTIVITY LEVEL **2**

Adults from

\$188*

Children from

\$188*

Approximate Duration

3 hours

Tour Features



Activity Levels

- ACTIVITY LEVEL 1** Involves walking over relatively level terrain, possibly some cobblestone, gravel or a few steps. Comfortable shoes are recommended.
- ACTIVITY LEVEL 2** Involves a considerable amount of physical activity such as substantial walking over cobblestone streets, climbing stairs or steep terrain. They're not recommended for guests with walking difficulties. Comfortable, sturdy shoes are recommended.
- ACTIVITY LEVEL 3** Involves physical exertion for extended periods. The terrain may be uneven or steep. It can also indicate a need for swimming in a light current, biking or horseback riding. Recommended only for physically fit and adventurous travelers.

Tour Features Icon Legend



Age Requirement - This tour has specific age requirements.



C-Card - Must present a nationally recognized Scuba certification card, logged a dive within the past 12 months and bring a physician's note if you have a medical condition or are taking medication at the time of cruising.



Debark - Tour will conclude at the airport, a Norwegian Cruise Line program hotel or an assigned central location for your convenience. Guests are responsible for ensuring their debarkation tour is compatible with their departure flight times. Please allow extra time in case of unforeseen delays, and note that the tour will still run in it's entirely. Refer to the details section of the selected tour for more information.



Family Recommended - This tour is great for families.



Flightseeing Tours - Due to aircraft weight and balance limitations, the flight company charges an additional rate for passengers that weigh 250 lbs. or more. Space is capacity controlled, please call 1.866.625.1167 for assistance.



Guests with Disabilities - This tour accommodates guests that are full-time wheelchair users. Guests can remain in their wheelchair for the duration of the Excursion. Please contact the Shore Excursion staff upon boarding to ensure that your needs can be accommodated.



Height Requirement - This tour has specific height requirements.



Hiking - Sturdy walking shoes required.



Limited Mobility - This tour requires guests to transfer from their wheelchair to board the motorcoach (wheelchairs must be collapsible). Guests must be self-sufficient or if assistance is required, they should travel with a companion who can provide this.



Meal - A meal and beverage is provided on this tour.



Outerwear - Outerwear/speciality equipment as noted will be provided by the Tour Operator.



Passport - This excursion crosses an international border so you'll need a valid passport. Some guests from certain countries may also need a visitor's visa.



Shopping - Time permitting, shopping is available on this tour.



Snack - A light snack or refreshment is served on this tour.



Ultimate Tour - With Norwegian's Ultimate Touring, experience custom adventures like yacht charters, VIP tours and small group touring.



Weight Requirement - This tour has specific weight requirements.

Book Early

Our most popular tours sell out quickly so book early. Once your cruise is reserved and deposited, you can start booking your excursions. Excursions may be booked online, up to two days prior to sailing date, subject to remaining availability.

It's Easy

Visit www.ncl.com and log in to My NCL or complete the registration to create an account. For assistance, call **1.866.625.1167** in USA & Canada. European guests should visit www.ncl.eu and for assistance call **+49 0611 3607 0** or **0845 201 8900** in the UK .

Please Note

The information in this document was current at the time of printing. Tour descriptions and prices vary by ship and sailing date and are subject to change without notice. Visit www.ncl.com and log in to My NCL for the applicable information specific to your cruise.

Norwegian Cruise Line makes arrangements for Guests for shore excursions solely for the convenience of the Guest; Norwegian does not act on behalf of or supervise the parties or persons who own, furnish,

or operate such excursions, and the same are provided by independent contractors. Norwegian assumes no responsibility for, nor guarantees the performance of, any such excursion provider, and Guests acknowledge that Norwegian shall not be liable for losses or injuries arising from the acts or omissions of such provider.

COPYRIGHT© 2015 NCL CORPORATION LTD. SHIPS' REGISTRY: BAHAMAS AND UNITED STATES OF AMERICA.

Printed on Tuesday December 29, 2015 at 9:20 AM